

Welcome to Loreto College Foxrock

Transition Year
Information Meeting



What is Transition Year?

- A one-year school-based programme designed to bridge the gap between the Junior and Senior Cycle.
- A year that provides a broad & balanced education programme – learning led rather than exam led.

Does Transition Year have any value?

- Encourages self-directed learning
- Contributes to personal development & maturity
- Opportunities for leadership, cooperation, conflict resolution
- Development of skills

- Sampling & discovery of new subjects
- Knowledge of the Working World
- Discovery of Career Opportunities
- Builds a Solid Foundation for the Leaving Certificate....

The Key Competencies in Senior Cycle – which need to be taught in TY

- Thinking and solving problems
- Being creative
- Communicating
- Working with others
- Participating in society
- Cultivating wellbeing
- Managing learning and self

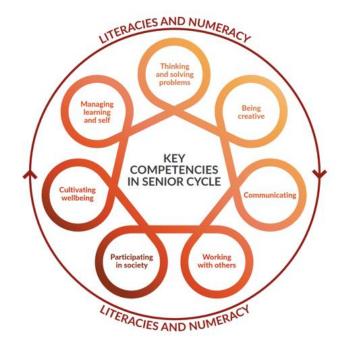


Figure 2: Overview of key competencies in senior cycle.

Transition Year in LCF



Our Mission:

- Provide a Broad Holistic Curriculum
- Develop a LOVE of Learning
- Nurture Powers of Critical Thinking
- Encourage Independence of Mind
- Increase Social Awareness
- Develop Social Competences

Transition Year Curriculum in LCF Sample Modules:

- Agricultural Science
- Career Guidance
- Chinese Language & Culture
- Classical Studies
- Computer Coding
- Cooking
- Creative Writing



Transition Year Curriculum in LCF Sample Modules:

- Current Affairs
- Drama
- Enterprise
- Film Making
- Gym Introduction
- Health and Nutrition





Transition Year Curriculum in LCF Sample Modules:

- Japanese
- Music Appreciation
- Outdoor Pursuits
- Public Speaking
- Research Skills
- Self Defense
- Song Writing
- Sustainable Development

Work Experience and Community Outreach

- Week 1: 20th 24th October 2025
- Week 2: 3rd 6th February 2026
- Week 3: 9th 13th February 2026
- Employer/Organisation details to be submitted by 19th September 2025.

Work Experience

&

Community Outreach

It is essential that once a placement has been found:

 Parents/Guardians must confirm that the placement is a safe and suitable environment.

 That students understand that they are expected to adhere to all guidelines and protocols as laid out by the company / organisation that they are placed with.

Garda Vetting

- Students wishing to work with children or vulnerable persons must be Garda Vetted
- Only Persons 16 Years+ can be Vetted
- Strong Recommendation Vetting process should begin soon after 16th Birthday.
- Process length: 6-8 Weeks
- Plan Work and Community Outreach Placements accordingly.

Work Experience

and

Community Outreach The Search for Work Experience and Community Outreach Placements begins

NOW...



Transition Year allows for all kinds of possibilities...

- LCF Language Exchanges
- University Programmes
- STEM Courses
- Enterprise Opportunities
- Cultural Experiences
- Musical
- Travel



LCF Language Exchanges

Spain:

• **Seville:** Nuestra Senora del Loreto, Seville

• Malaga: Colegio Estanislao de Koskta Malaga:

France:

• Nantes: Lycée La Perverie Sacré Coeur

• Marseille: Lycée Viala La Coste, Salon de Provence







Colegio Nuestra Señora de Loreto C'Manuel Vallejo, 6 4 1008 Sevilla Centro Docente Privado



Colegio San Estanislao de Kostka

Sample Timetable 2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
English	Irish	Option 1	RE	Maths
Module 1	Option 3	English	Module 2	Option 7
Option 1	Option 4	Option 5	JPIC	English
Maths	PE	Irish	Maths	Computers
SPHE			Irish	
Option 2	Modules/ Activities		Option 6	Modules/ Activities

TY Curriculum 2025 - 2026

Subject	Number of Classes per week	Examinable	Non- Examinable
English	2	2	1
Irish	2	2	1
Mathematics	2	2	1
Option 1 (Language)	2	2	
Option 2 - 7	5	6	
Other Core	5		5
Modules/Activities	7		6

Choosing Option Subjects in TY

On VSware, please choose your subjects in *preferential* order before 4pm Friday, 14 March as follows:

Your *language(s)* should be *number 1* (and number 2 if choosing to study two languages).

On the form we will ask you to choose 7 subjects and the best available combination of six will be offered.

THE PREFERENTIAL ORDER IS CRUCIAL IN DETERMINING AVAILABILITY OF SUBJECTS.

Choosing Subject:

All LC option subjects available:

- French & Spanish
- Art, Home Economics, Music
- History, Geography, Classical Studies
- Applied Maths, LC PE
- Accounting, Business, Economics
- Biology, Chemistry & Physics
- Seven Elective Subjects must be chosen for TY.
 This allows students to try a subject for TY and to make informed choices for Leaving Certificate.
- Not choosing a subject in TY does not preclude you from choosing it in 5th Year. (With the exception of French and Spanish)

Choosing Subject Options on-line

THROUGH VSWARE

INSTRUCTIONS WILL BE EMAILED HOME

PORTAL WILL BE OPEN FROM

FRIDAY 7TH MARCH

TO

FRIDAY 14TH OF MARCH

PLEASE FOLLOW THE INSTRUCTIONS CLOSELY

Things to know

- New Classes
- Fees/Expenses
- Musical
- Gaisce
- Supporting LCF Drama
- TY Curriculum is constantly reviewed, adapted
- Significant Dates:
 - TY Subject Choices: 14th March 2025
 - TY Application Forms: 19th April 2025

How to have a successful, fulfilling Transition Year



- Energy
- Commitment
- Compassion
- Empathy
- Sense of Fun, Adventure
- And a Determination to Challenge oneself
- Willingness to try new experiences
 great and small.

"You Get Out of TY What You Put In"

How to get in touch:

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Thank you for coming to LCF this evening.