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2016
*Celebrating
75 years*

Home Economics

We are very fortunate in Loreto College Foxrock to have enthusiastic and dedicated staff and students who hold Home Economics in high regard. We have two fully equipped Home Economics kitchens. Students cook throughout the year mastering a variety of skills.

Junior Cycle:

Students explore many topics including Healthy Eating, Consumer Studies and Textiles. Project work and craftwork creations are regular features on display around the school.

Junior Cycle Home Economics develops the knowledge, understanding, skills and values necessary to achieve optimal, healthy and sustainable living for every person as an individual, and as a member of families and society. It is studied through three interconnected strands: Food, Health and Culinary Skills; Responsible Family Living; and, Textiles and Craft. Home economics uses an interdisciplinary approach, which encourages the integration of the three strands in the teaching and learning of the subject.

Cookery Club:

1st and 2nd Year students can take part in after school Cookery Club which is held two evenings a week for 16 weeks and in which they learn to prepare and cook a range of dishes which are both sweet and savoury.